

T E R M	YEAR 8 ADVENT 2											
T O P I C		Created to love others My Relationships... ‘RESPECTFUL RELATIONSHIPS’						<small>I have come that they may have life and have it to the full John 10:10</small> 				
T A R G E T S	How to safely and responsibly form, maintain and manage positive relationships, including online	Appreciate the qualities and behaviours they should expect and exhibit in a wide variety of positive relationships (including in school and wider society, family and friendships, including online)	Develop strategies to identify and reduce risk from people online that they do not already know; when and how to access help	To further develop the key relationship skills of active listening, clear communication, negotiation, compromise, conflict management and reconciliation	Able to manage the strong feelings that relationships can cause (including sexual attraction)	To manage the influence of drugs and alcohol on decision-making within relationships and social situations	How to manage the breakdown of a relationship (including its digital legacy) loss and change in relationships	Understand the effects of change, including loss, separation, divorce and bereavement; strategies for managing these and accessing support	Know the services available to support healthy relationships and manage unhealthy relationships, and how to access them			
C A T H O L I C I T Y	To understand that their uniqueness, value and dignity derive from God and hence, recognise the respect they should have for themselves		To recognise that they are responsible for their own behaviour and how to inform their conscience		To distinguish ‘needs’ from ‘wants’		To recognise, clarify and if necessary challenge their values, attitudes and beliefs and to understand how these influence their choices		To recognise the spiritual context of the family as a community where members can grow in faith, hope and love		To recognise the importance of forgiveness in relationships and know something about Jesus’ teaching on forgiveness	
V I R T U E S	RESPECT		REFLECTION		SELF-CONTROL		LOVE OF LEARNING		LOVE		FORGIVENESS	

T E R M	YEAR 8 PENTECOST 1					
T O P I C		Created to love others My Relationships... 'RELATIONSHIP VALUES'				<small>I have come that they may have life and have it to the full John 10:10</small> 
T A R G E T S	Able to clarify and develop personal values in friendships, love and sexual relationships		Appreciate the importance of trust in relationships and the behaviours that can undermine or build trust		Able to evaluate expectations about gender roles, behaviour and intimacy within romantic relationships	Understand that everyone has the choice to delay sex, or to enjoy intimacy without sex
C A T H O L I C I T Y	To appreciate sensual pleasure as a gift from God	To recognise that sexuality is a God-given gift and that sexual intercourse is the most intimate expression of human love and should be delayed until marriage	To understand that their uniqueness, value and dignity derive from God and hence, recognise the respect they should have for themselves	To recognise the importance of forgiveness in relationships and know something about Jesus's teaching on forgiveness	The features of positive and stable relationships and the virtues needed to sustain them (e.g. trust, mutual respect, honesty) in a wide variety of contexts, including family, class, friendships, intimate relationships etc.	Some people will choose to be celibate (unmarried) and to refrain from sexual activity, e.g. single people, priests and those in religious life
V I R T U E S	GRATITUDE	SELF-CONTROL	RESPECT	FORGIVENESS	HONESTY	LOVE