



10<sup>th</sup> February 2023

Dear Parents/Carers,

As you will be aware, we have had a focus on wearing the correct uniform for school because it shows a sense of pride in our identity and community. It also demonstrates the high expectations we have for our students.

We have those same expectations in PE lessons. We are required by law to ensure that students take part in Physical Education and it forms a compulsory part of the school curriculum; it is therefore not something which is optional. It is necessary for students to change into their PE kit when they are at school; on the occasions when a student fails to bring their PE kit, there is spare kit available in the PE department.

Recently, we have had a number of students fail to bring their kit, refuse to put the spare kit on or simply refuse to take part in PE. This behaviour is unacceptable. Students are able to access a broad and balanced curriculum in PE, which involves a range of different sports and activities. They are encouraged to play team games and also to develop individual expertise in a particular sport. These are vital skills for future life. Physical activity also has a direct link to positive mental well-being; being physically healthy is beneficial for future life.

The basic requirements for PE are:

- SSPP PE shirt
- Plain black shorts/leggings/tracksuit bottoms
- Trainers

In cold weather the black SSPP hoodie can be worn, or a plain black alternative top (no logos allowed)

From Monday 20<sup>th</sup> February, there will be an expectation that all students will have the correct kit for all PE lessons. There will be occasions when students forget their kit and they will be expected to wear the spare kit available to them; the PE staff will monitor how frequently this happens. If your child does not bring their PE kit on a regular basis, then this will incur a consequence. If there are financial reasons which are impacting on your child's ability to have a PE kit, then please do contact us.

There will be times when a student is not able to take part in PE because of an illness or injury. We would not expect this to be every week and this will be monitored. If your child is recovering from illness please inform of us this and we will manage their workload accordingly. If your child is not able to take part in PE for a series of lessons then this would need to be verified by a doctor's note explaining why and the timescale for return. As it is a statutory requirement for students to take part in Physical Education, we are not able to allow students to continue to miss the lesson without appropriate evidence to support this.

# ST PETER AND ST PAUL

CATHOLIC VOLUNTARY ACADEMY



*Pro Petro Paulo Patria*

HEADTEACHER: MRS C HEWERDINE (BAHons, PGCE, MA, NPQH)

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We want to ensure that all students are taking part in PE and are learning to look after their own physical wellbeing. We are also seeking to ensure that students have a positive relationship with sport and are then able to pursue activities away from the Academy.

We thank you for your support.

Yours sincerely,

A handwritten signature in black ink that reads "C. Hewerdine".

Mrs C F Hewerdine

(Headteacher)