



## Sport Pathway

Students can choose from the following courses:  
**Sport, Business, a science-based subject, and Computer Studies.**

Complementary subjects:  
**Geography, History, Psychology and Sociology.**



# Level 3 Cambridge Technical Sport and Physical Activity The Sport Pathway

## Why study Sport and Physical Activity?

OCR Cambridge Technical Sport & Physical Activity is a vocational course that provides underpinning knowledge of a wide range of key topics required for a future career in the sports and leisure industry. The course will develop your academic and vocational ability by assessing you in a variety of methods that are relevant to your chosen subject of study or area of work.

## What does the course involve?

### **Certificate**

Body Systems & the Effect of Exercise, Sports Coaching & Leadership.

### **Extended Certificate**

Sports Organisation & Development, Sports Injury & Rehabilitation, Organisation of Sports Events, Biomechanics.

### **Foundation Diploma**

Working Safely in Sport, Physical Activity for Specific Groups, Practical Skills, Group Exercise to Music.

### **Diploma**

Health & Fitness Testing, Sport & Exercise Psychology, Performance Analysis, Improving Fitness for PA.

## What can the qualification lead to?

University study (Undergraduate degree in Sport & Exercise Science) or to employment such as Gym Instructor / Personal Trainer, Leisure assistant, Grass roots sports coach.

## Who is it for?

People who want to solve some of society's biggest challenges whilst working out how the body responds to the challenge of physical activity.