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**YEAR 10**

**ADVENT 2**

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***Created to love others***  
**My Relationships...**

**‘LONG TERM RELATIONSHIPS’**

I have come that they  
may have life and have it  
to the full  
John 10:10



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Identify the characteristics and benefits of strong, positive relationships, including mutual support, trust, respect and equality

To respond appropriately to indicators of unhealthy relationships, including seeking/giving advice and support where necessary

Understand the importance of stable, committed relationships, including the rights and protections provided within legally recognised marriages and civil partnerships and the legal status of other long-term relationships

Know the legal rights, responsibilities and protections provided by the Equality Act 2010

Appreciate diversity in romantic and sexual attraction and developing sexuality, including sources of support and reassurance and how to access them

To understand the potential impact of the portrayal of sex in pornography and other media, including on sexual attitudes, expectations and behaviours

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To appreciate sensual pleasure as a gift from God and the difference between sensual and sexual pleasure

To recognise that sexuality is a God-given gift and that sexual intercourse is the most intimate expression of human love and should be delayed until marriage, building on learning at KS3

The importance and benefits of delaying sexual intercourse until ready, considering the idea of appropriateness and the importance of marriage

To understand what the Church teaches about marriage, and when it is a sacrament and the distinction between separation, divorce and nullity

The role of marriage as the basis of family life and its importance to the bringing up of children, including an understanding of how the Church supports family life

To understand the importance of self-giving love and forgiveness in a relationship

The nature and importance of marriage; the distinctions between marriage in Church teaching, including sacramental marriage, civil marriage, civil partnerships and other stable, long-term relationships

The importance of the school, the parish and other Catholic voluntary organisations in providing help and advice for young people

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**GRATITUDE**

**LOVE**

**SELF-CONTROL**

**LOVE OF  
LEARNING**

**FAITHFULNESS**

**FORGIVENESS**

**LOVE**

**FRIENDSHIP**

**YEAR 10**

**PENTECOST 1**

*Created to love others*  
**My Relationships...**



**'RELATIONSHIP VALUES & SEXUAL HEALTH'**

|  |   |  |   |  |  |  |  |  |  |  |   |  |   |  |   |  |   |  |   |  |
|--|---|--|---|--|--|--|--|--|--|--|---|--|---|--|---|--|---|--|---|--|
| <b>T<br/>E<br/>R<br/>M</b>   | YEAR 10   |  |   |  |  |  |  |  |  |  |   |  |   |  |   |  |   |  |   |  |
| <b>T<br/>O<br/>P<br/>I<br/>C</b>                                     | PENTECOST 1   |  |   |  |  |  |  |  |  |  |   |  |   |  |   |  |   |  |   |  |
| <b>T<br/>O<br/>P<br/>I<br/>C</b>                                     | <p><i>Created to love others</i><br/> <b>My Relationships...</b></p> <p><b>'RELATIONSHIP VALUES &amp; SEXUAL HEALTH'</b></p>  |  |   |  |  |  |  |  |  |  |   |  |   |  |   |  |   |  |   |  |
| <b>T<br/>A<br/>R<br/>G<br/>E<br/>T<br/>S</b>                         | To understand a variety of faith and cultural practices and beliefs concerning relationships and sexual activity; to respect the role these might play in relationship values |  | Understand the different types of intimacy — including online — and their potential emotional and physical consequences (both positive and negative |  | Know about specific STIs, their treatment, how to reduce the risk of transmission and how to respond if someone has, or may have, an STI |  | Know about healthy pregnancy and how lifestyle choices affect a developing foetus  |  | Understand that fertility can vary in all people, changes over time (including menopause and can be affected by STIs and other lifestyle factors   |  | Know about the possibility of miscarriage and support available to people who are not able to conceive or maintain a pregnancy  |  | Know about choices and support available in the event of an unplanned pregnancy, and how to access appropriate help and advice                                  |  |   |  |   |  |   |  |
| <b>C<br/>A<br/>T<br/>H<br/>O<br/>L<br/>I<br/>C<br/>I<br/>T<br/>Y</b> | To appreciate sensual pleasure as a gift from God and the difference between sensual and sexual pleasure  |  | The Church's teaching on the morality of natural and artificial methods of managing fertility, building on learning at KS3                          |  | How virtues, values, attitudes and beliefs can drive a growing sense of purpose for their lives  |  | The importance and benefits of delaying sexual intercourse until ready, considering the idea of appropriateness and the importance of marriage |  | About human fertility, building on the learning at KS3; methods of managing conception for the purposes of achieving or avoiding pregnancy and the difference between natural and artificial methods |  | The role of marriage as the basis of family life and its importance to the bringing up of children, including an understanding of how the Church supports family life |  | Know and understand what human and divine attributes, virtues and skills are required to sustain a happy, authentic marriage which is life long and life giving |  | To be able to discuss faith and personal belief sensitively, demonstrating mutual respect |  | About abortion, including the current legal position, the risks associated with it, the Church's position and other beliefs and opinions about it |  | To debate moral questions in a way which is well informed, nuanced and sensitive, taking into account the teaching of the Catholic Church in the relevant areas |  |
| <b>V<br/>I<br/>R<br/>T<br/>U<br/>E<br/>S</b>                         | GRATITUDE   |  | LOVE OF LEARNING  |  | REFLECTION   |  | SELF-CONTROL   |  | LOVE OF LEARNING   |  | LOVE  |  | RESILIENCE  |  | RESPECT   |  | LOVE OF LEARNING  |  | RESPECT   |  |