	YEAR 11 ADVENT 2

Created to love others
My Relationships…
'MANAGING RELATIONSHIPS'

T E R M	
T O P I C	

TARGETS	Develop strategies and responsibly manage the strong emotions associated with the different stages of relationships	Understand the opportunities and potential risks of establishing and conducting relationships online, and strategies to manage the risks	Know the legal and ethical responsibilities people have in relation to online aspects of relationships	Able to recognise unwanted attention (such as harassment and stalking including online), ways to respond and how to seek help	Appreciate ways to manage grief about changing relationships including the impact of separation, divorce and bereavement; sources of support and how to access them	Know ways to access information and support for relationships including those experiencing difficulties

CATHOLICITY	To recognise their responsibilities towards others, and the human dignity of others in God's eyes	The importance of the school, the parish and other Catholic voluntary organisations in providing help and advice for young people	The role peers can play in supporting one another (including helping vulnerable friends to access reliable, accurate and appropriate support)

VIRTUES	RESPECT	LOVE	FRIENDSHIP

		YEAR 11 PENTECOST 1				
T E R M						
T O P I C		*Created to love others* My Relationships… 'BULLYING, ABUSE & DISCRIMINATION				
T A R G E T S	To recognise when others are using manipulation, persuasion or coercion and how to respond	Know the law relating to abuse in relationships, including coercive control and online harassment	Develop the skills and strategies to respond to abuse, exploitation, bullying, harassment and control in relationships	Know about the challenges associated with getting help in domestic abuse situations of all kinds; the importance of doing so; sources of appropriate advice and support, and how to access them	The law relating to 'honour'-based violence and forced marriage; the consequences for individuals and wider society and ways to access support	Develop strategies to challenge all forms of prejudice and discrimination
C A T H O L I C I T Y	The methods of informing one's conscience and the absolute character of conscientious demands	To recognise, clarify and if necessary challenge their values, attitudes and beliefs and to understand how these influence their choices	The importance of the school, the parish and other Catholic voluntary organisations in providing help and advice for young people	The shared responsibility to protect the community from violent extremism and how to respond to anything that causes anxiety or concern	About the unacceptability of all forms of discrimination, and the need to challenge it in the wider community	The role peers can play in supporting one another (including helping vulnerable friends to access reliable, accurate and appropriate support)
V I R T U E S	REFLECTION	FAITHFULNESS	COMPASSION	DETERMINATION	RESILIENCE	FRIENDSHIP