

Autumn Menu 2023



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 2



Indian Fusion

Italian Passion

British Classic

The Hot Wok

Thank Goodness it's
Fryday

The Main Event	Chicken Tikka Masala Steamed Rice Naan Chota Peas/Salad	Italian Minced Beef Lasagne Garlic Bread Fresh Crispy salad	Roast Turkey and Onion Stuffing Fresh Steamed Veggies Crispy Roasties	Sage Gravy Salt and Pepper Chicken noodles	Battered Haddock or Chicken Bites Chips Peas
Something Extra				Vegetable Spring Roll Sweet Chilli Sauce	Mushy Peas Gravy Curry Sauce
Veggie Power	Roasted Butternut Squash and Chickpea Tikka Masala Steamed Rice Naan Chota Peas/Salad	Pepper and Tomato Lasagne Garlic Bread Fresh Crispy Salad	Quorn Roast Sage and Onion Stuffing Vegetarian Gravy Fresh Steamed Veggies Crispy Roasties	Crispy Vegetable Burger in a Bun Baked Potato Wedges	Cheese and Tomato Pizza Gluten Free Available to Order
Something Sweet	A variety of homemade cakes and bakery items available	A Variety of cakes and bakery items available	Steamed Syrup Sponge with Custard A Variety of cakes and bakery items available	A Variety of cakes and bakery items available	A Variety of cakes and bakery items available
Fresh Fruit and Yogurt	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight
Water and Fruit Drinks	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.

A selection of filled rolls, baguettes and sandwiches are available daily as well as Baked Potatoes with various fillings.

commencing 11th September 2023, 5th October 2023, 31st October 2023, 20th November 2023, 11th December 2023.



Week