



Autumn Menu 2023



WEEK 3

MONDAY



TUESDAY



WEDNESDAY



THURSDAY



FRIDAY





Indian Fusion

Pizza 'n' Pasta

British Classic

The Hot Wok

Thank Goodness it's Fryday

	Indian Fusion	Pizza 'n' Pasta	British Classic	The Hot Wok	Thank Goodness it's Fryday
The Main Event	Chicken Korma Steamed Rice Chota Naan Peas/Salad	Ciabatta Pizza Homemade Coleslaw Fresh Crispy salad	Roast Pork Loin Sage and Onion Stuffing Gravy Steamed Veggies Crispy Roasties	Singapore Chicken Noodles Prawn Crackers	Battered Haddock or Chicken Bites Chips Peas
Something Extra				Vegetable Spring Roll Chilli Sauce Sweet	Mushy Peas Gravy Curry Sauce
Veggie Power	Homemade Veggie Quiche Oven Baked Wedges Peas/Fresh Crispy Salad	Loaded Mac N Cheese Garlic Bread Peas/Fresh Crispy Salad	Quorn Roast Sage and Onion Stuffing Vegetarian Gravy Fresh Steamed Veggies Crispy Roasties	Singapore Quorn Noodles Prawn crackers	Cheese and Tomato Pizza Gluten Free Available to Order
Something Sweet	A variety of homemade cakes and bakery items available	Variety of cakes and bakery items available	Lemon Marshmallow Pie A Variety of cakes and bakery items available	Variety of cakes and bakery items available	A Variety of cakes and bakery items available
Fresh Fruit and Yogurt	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight
Water and Fruit Drinks	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.
<div>  <p>A large selection of filled rolls, baguettes and sandwiches are available daily as well as Baked Potatoes with various fillings.</p>  </div>					