



## KS5 Health and Social Care

	Year 12			Year 13	
	Semester 1	Semester 2		Semester 1	Semester 2
Certificate	1. Building Positive Relationships in Health and Social Care	2. Equality, Diversity and Rights in Health and Social Care		3. Health, Safety and Security in Health and Social Care	Work on unit 1 and 3 if necessary and/or resit unit 2
Extended Certificate	1. Building Positive Relationships in Health and Social Care  2. Equality Diversity and Rights in Health and Social Care	1. Building Positive Relationships in Health and Social Care  3. Health, Safety and Security in Health and Social Care		4. Anatomy and Physiology for Health and Social Care	10. Nutrition for Health  13. Sexual Health, Reproduction and Early Years Development



	Intent
1. Building Positive Relationships in Health and Social Care	<ul style="list-style-type: none"><li>• Understand relationships in health, social care or child care environments</li><li>• Understand the factors that influence the building of relationships</li><li>• Understand how a person-centred approach builds positive relationships in health, social care or child care environments</li><li>• Be able to use communication skills effectively to build positive relationships in a health, social care or child care environment</li></ul>
2. Equality, Diversity and Rights in Health and Social Care	<ul style="list-style-type: none"><li>• Understand concepts of equality, diversity and rights and how these are applied in the context of health, social care and child care environments</li><li>• Understand the impact of discriminatory practices on individuals in health, social care and child care environments</li><li>• Understand how current legislation and national initiatives promote anti-discriminatory practice in health, social care and child care environments</li><li>• Understand how equality, diversity and rights in health, social care and child care environments are promoted.</li></ul>
3. Health, Safety and Security in Health and Social Care	<ul style="list-style-type: none"><li>• Understand potential hazards in health, social care and child care environments</li><li>• Understand how legislation, policies and procedures promote health, safety and security in health, social care and child care environments</li><li>• Understand the roles and responsibilities involved in health, safety and security in health, social care and child care environments</li><li>• Know how to respond to incidents and emergencies in a health, social care or child care environment</li></ul>
4. Anatomy and Physiology for Health and Social Care	<ul style="list-style-type: none"><li>• Understand the cardiovascular system, malfunctions and their impact on individuals</li><li>• Understand the respiratory system, malfunctions and their impact on individuals</li><li>• Understand the digestive system, malfunctions and their impact on individuals</li><li>• Understand the musculoskeletal system, malfunctions and their impact on individuals</li><li>• Understand the control and regulatory systems, malfunctions and their impact on individuals</li><li>• Understand the sensory systems, malfunctions and their impact on individuals</li></ul>
10. Nutrition for Health Group Exercise to Music	<ul style="list-style-type: none"><li>• Know nutritional and diet guidelines</li><li>• Understand the functions of nutrients</li><li>• Be able to make recommendations to improve nutritional health</li><li>• Understand factors which influence nutritional health</li></ul>



### 13. Sexual Health, Reproduction and Early Years Development

- Understand sexual health and contraception
- Understand the importance of prenatal health and the process of conception
- Know the factors which could affect health in pregnancy and the success of the birth
- Understand the stages of pregnancy and birth and the postnatal care of the mother
- Understand the care and development of the baby in the first year of life