







MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRJDAY

week 2











Allergens	Indian Fusion	Italian Passion	British Classic	Hot Wok	Thank Goodness it's
					Fryday

					yaay
The Main Event	Chicken Tikka Masala(milk) Steamed Rice Chota Naan (wheat and gluten) Peas/Salad	Italian Meatballs Served in a Homemade Tomato Sauce Garlic Bread (Gluten and wheat) Fresh Crispy salad	Roast Turkey Breast Sage and Onion Stuffing (gluten and wheat) Gravy (gluten soya and wheat) Fresh Steamed Veggies Crispy Roasties	Salt and Pepper Chicken Noodles (Soya,sesame,wheat,gluten,egg) Prawn Crackers (Crustaecean, Fish,soya,whgeat,gluten)	Battered Haddock (gluten fish and wheat) or Chicken Bites (gluten and wheat) Chips Peas
Something Extra				Vegetable Spring Roll(wheat,celery,milk,barley, egg,soya,gluten) Sweet Chilli Sauce	Mushy Peas Gravy (gluten,soya and wheat) Curry Sauce
Veggie Power	Roasted Butternut Squash and Chickpea Tikka Masala(milk) Steamed Rice Chota Naan (wheat and gluten) Peas/Salad	Quorn Meatballs(barley,gluten and wheat) Served in a Homemade Tomato Sauce Garlic Bread (Gluten and wheat) Fresh Crispy salad	Quorn Roast (gluten and wheat) Sage and Onion Stuffing (gluten and wheat) Vegetarian Gravy (barley, gluten, soya and wheat) Fresh Steamed Veggies Crispy Roasties	Salt and Pepper Quorn Noodles (Soya,sesame,wheat,gluten,egg) Prawn Crackers (Crustaecean, Fish,soya,whgeat,gluten)	Cheese and Tomato Pizza(gluten,milk, soya and wheat) Gluten Free Available to Order
Something Sweet	A variety of homemade cakes and bakery items available	A Variety of cakes and bakery items available	Steamed Syrup Sponge with Custard (wheat, gluten,milk) A Variety of cakes and bakery items available	A Variety of cakes and bakery items available	A Variety of cakes and bakery items available
Fresh Fruit and Yogurt	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight	Fruit/ Fruit Salad Pots/Fruit Yoghurt, Angel Delight
Water and Fruit Drinks	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.	A selection of natural fruit drinks are available to purchase daily. Fresh water is also available.



