



**St Peter & St Paul**  
Catholic Voluntary Academy  
*Pro Petro Paulo Patria*

**WEEK 3**

# WEEKLY MENU

GOOD FOOD  
GOOD MOOD



DELICIOUS CHOICES EVERY DAY!

|                                                                                                               |  <b>MONDAY</b><br>INDIAN FUSION                                                                                                                                                         |  <b>TUESDAY</b><br>PIRI PIRI PERFECTION                                                                                                                                              |  <b>WEDNESDAY</b><br>BRITISH CLASSIC                                                                                                                                                                                                                      |  <b>THURSDAY</b><br>PASTA DAY                                                                                                                                                                                   | <b>FRIDAY</b><br>Thank goodness it's Fryday!                                                                                                                                                                                              |
|---------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>+ THE MAIN EVENT</b><br>   |  <ul style="list-style-type: none"> <li>• Chicken Korma (milk)</li> <li>• Steamed Rice</li> <li>• Chota Naan (gluten, wheat)</li> <li>• Peas/Salad</li> </ul>                           |  <ul style="list-style-type: none"> <li>• Piri Piri Chicken (sulphites)</li> <li>• Seasoned Wedges (gluten)</li> <li>• Coleslaw (egg)</li> <li>• Fresh Crispy Salad</li> </ul>       |  <ul style="list-style-type: none"> <li>• Roast Pork Loin</li> <li>• Sage and Onion Stuffing (gluten, wheat)</li> <li>• Gravy (gluten, soya, wheat)</li> <li>• Fresh Steamed Veggies</li> <li>• Crispy Roasties</li> </ul>                                 |  <ul style="list-style-type: none"> <li>• Pasta Dish of the day (gluten, wheat, Please check on the day for other allergens)</li> <li>• Garlic Bread (milk, soya)</li> <li>• Peas/Fresh Crispy Salad</li> </ul> |  <ul style="list-style-type: none"> <li>• Battered Haddock (gluten, fish, wheat) or Chicken Bites (gluten, wheat)</li> <li>• Chips</li> </ul>                                                                                             |
| <b>SOMETHING EXTRA</b><br>   | —                                                                                                                                                                                                                                                                        | —                                                                                                                                                                                                                                                                     | —                                                                                                                                                                                                                                                                                                                                            | —                                                                                                                                                                                                                                                                                                  |  <ul style="list-style-type: none"> <li>• Mushy Peas</li> <li>• Gravy (gluten, soya, wheat)</li> <li>• Garlic Bread</li> </ul>                                                                                                            |
| <b>VEGGIE POWER</b><br>     |  <ul style="list-style-type: none"> <li>• Homemade Veggie Quiche (gluten, wheat, egg, milk)</li> <li>• Oven baked Wedges (gluten, wheat)</li> <li>• Peas/Fresh Crispy Salad</li> </ul> |  <ul style="list-style-type: none"> <li>• Quorn Fillet Piri Piri (sulphites)</li> <li>• Seasoned Wedges (gluten)</li> <li>• Coleslaw (egg)</li> <li>• Fresh Crispy Salad</li> </ul> |  <ul style="list-style-type: none"> <li>• Quorn Roast (gluten, wheat)</li> <li>• Sage and Onion Stuffing (gluten, wheat)</li> <li>• Vegetarian Gravy (barley, gluten, soya, wheat)</li> <li>• Fresh Steamed Veggies</li> <li>• Crispy Roasties</li> </ul> |  <ul style="list-style-type: none"> <li>• Mac N Cheese (milk, gluten, wheat)</li> <li>• Garlic Bread (milk, soya)</li> <li>• Peas/Fresh Crispy Salad</li> </ul>                                                |  <ul style="list-style-type: none"> <li>• Cheese and Tomato Pizza (gluten, milk, soya, wheat)</li> <li>• Gluten Free Available to Order </li> </ul> |
| <b>SOMETHING SWEET</b><br> | —                                                                                                                                                                                                                                                                        | —                                                                                                                                                                                                                                                                     |  <ul style="list-style-type: none"> <li>• Warm Chocolate Brownie (wheat, gluten, egg, milk) with Vanilla Icecream (milk)</li> </ul>                                                                                                                      | —                                                                                                                                                                                                                                                                                                  | —                                                                                                                                                                                                                                                                                                                            |

♥ EAT WELL,  
FEEL GREAT!

**ALLERGEN KEY:**



gluten



wheat



egg



fish



nuts



crustacean



sulphites



mustard



celery



barley



GF = Gluten Free



V = Vegan Veg =

Please speak to a member of the kitchen team if you have any allergies or need any more information.

THANK YOU  
& ENJOY  
YOUR MEAL! ♥